



ATHLETES & PRESCRIBING PHYSICIANS PLEASE READ

For treatment in response to anaphylaxis and/or allergic reactions, **please consider your health first** – all the decisions about your medical care are between you and your physician. During a medical emergency, you are not required to notify USADA prior to receiving treatment.

PLEASE DO NOT WAIT FOR AN APPROVAL BEFORE RECEIVING TREATMENT IN AN EMERGENCY.

USADA will not approve TUEs for epinephrine or systemic glucocorticoids in advance of an allergic reaction/acute medical emergency. Due to the uncertainty of the need for these medications, USADA will consider TUE Applications for these medications during or after the occurrence of the acute medical emergency.

If you are prescribed a short course of systemic glucocorticoids to treat an allergic reaction or exacerbation (i.e. poison ivy), please begin and complete the course of medication prescribed by your physician. Waiting for an approval suggests the medical condition was not severe enough to warrant the requested treatment.

TUE APPLICATION CHECKLIST – ANAPHYLAXIS/ALLERGIC REACTION

- Complete and legible TUE Application form
- Copies of all relevant examinations and clinical notes from the acute medical emergency
- Copies of all laboratory results/reports related to the medical emergency
- A statement from the physician explaining why the Prohibited Substance is needed (specifically for systemic glucocorticoids)
 - Please explain why permitted alternative treatments were not effective or not appropriate/indicated for treatment
- For short course systemic glucocorticoids, please specify when the medication was started and when it is intended to finish

U.S. ANTI-DOPING AGENCY

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