

THE 8 BASIC STEPS OF DRUG TESTING



1. Notification.



2. Report to the Doping Control Station.



3. Select collection equipment.



4. Provide urine sample.



5. Choose a Sample Collection Kit.



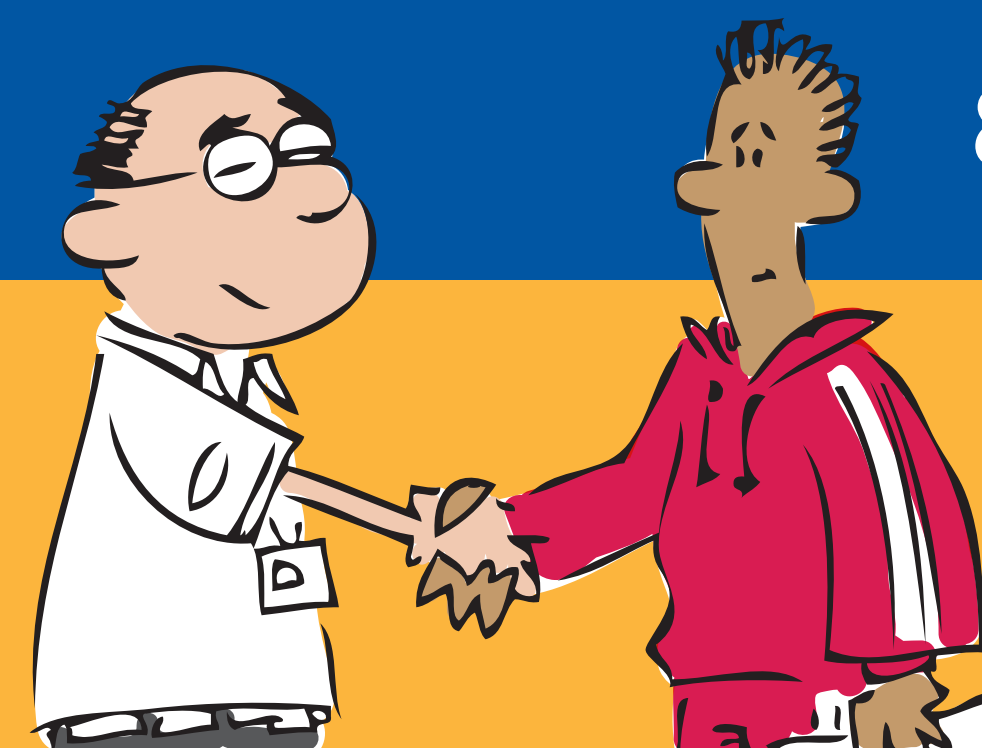
6. Split and seal the sample.



7. You may be required to give blood.



8. Declare medications taken.



**GOOD LUCK
COMPETING!**



U.S. ANTI-DOPING AGENCY
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For more detailed information, go to www.usada.org/testing