



ATHLETES & PRESCRIBING PHYSICIANS PLEASE READ

USADA can grant a Therapeutic Use Exemption (TUE) in compliance with the World Anti-Doping Agency International Standard for TUEs. The TUE application process is thorough and designed to balance the need to provide athletes access to critical medication while protecting the rights of clean athletes to compete on a level playing field.

Included in this document is a checklist of items necessary to complete TUE Application for a condition that does not currently have a set of WADA Guidelines. (Please be aware that the TUE Committee may ask for additional information while evaluating TUE Applications). It is important that the TUE Application include all the documentation outlined in the checklist below.

TUE APPLICATION CHECKLIST – OTHER CONDITIONS

- Complete and legible TUE Application form
- Copies of all relevant examinations and clinical notes from the original diagnosis through present
 - Please include clinical notes from appointments related to the condition for which the prohibited substance is intended to treat.
- Copies of all laboratory results/reports related to the diagnosis
 - Laboratory results could include blood work, imaging results (X-ray, MRI, etc.), sleep studies, etc.
 - If laboratory results form a part of your diagnosis, they need to be included with the TUE Application.
- A statement from the physician explaining why the Prohibited Substance is needed
 - The physician needs to explain why permitted alternative treatments were not effective, not appropriate, or not indicated for treating your condition.
 - Many TUEs are returned or denied because there is no documentation that any other treatment has been tried, or at least considered and ruled out.
 - Your physician can check to see if the alternatives they may want to prescribe you are prohibited on GlobalDRO.com or by calling 719-785-2000, option 2.

U.S. ANTI-DOPING AGENCY